

# **JESUS TODAY**

**A Spirituality of Radical Freedom**

**ALBERT NOLAN**



**ORBIS BOOKS**  
**Maryknoll, New York 10545**

Founded in 1970, Orbis Books endeavors to publish works that enlighten the mind, nourish the spirit, and challenge the conscience. The publishing arm of the Maryknoll Fathers and Brothers, Orbis seeks to explore the global dimensions of the Christian faith and mission, to invite dialogue with diverse cultures and religious traditions, and to serve the cause of reconciliation and peace. The books published reflect the views of their authors and do not represent the official position of the Maryknoll Society. To learn more about Maryknoll and Orbis Books, please visit our website at [www.maryknoll.org](http://www.maryknoll.org).

---

Copyright © 2006 by Albert Nolan.

Published by Orbis Books, Maryknoll, NY 10545-0308.

All rights reserved.

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or any information storage or retrieval system, without prior permission in writing from the publisher.

Queries regarding rights and permissions should be addressed to: Orbis Books, P.O. Box 308, Maryknoll, NY 10545-0308.

Manufactured in the United States of America.

---

Library of Congress Cataloging-in-Publication Data

Nolan, Albert, 1934–

Jesus today : a spirituality of radical freedom / Albert Nolan.

p. cm.

Includes bibliographical references (p. ) and index.

ISBN-13: 978-1-57075-672-6 (pbk.)

1. Spirituality. 2. Jesus Christ—Person and offices. I. Title.

BV4501.3.N65 2006

248.4—dc22

2006009475

# Contents

Foreword by Timothy Radcliffe, OP	ix
Preface	xiii
Introduction	xvii

PART ONE  
THE SIGNS OF OUR TIMES 1

1. Hunger for Spirituality	3
2. The Crisis of Individualism	15
3. Globalization from Below	26
4. Science after Einstein	36

PART TWO  
JESUS' SPIRITUALITY 47

5. A Revolution	49
6. A Prophet and a Mystic	63
7. A Spirituality of Healing	77

PART THREE  
PERSONAL TRANSFORMATION TODAY 89

8. In Silence and Solitude	91
9. Getting to Know Oneself	101

**viii Contents**

10. With a Grateful Heart	111
11. Like a Little Child	119
12. Letting Go	128

**PART FOUR**

**JESUS AND THE EXPERIENCE OF ONENESS 137**

13. One with God	139
14. One with Ourselves	148
15. One with Other Human Beings	157
16. One with the Universe	168
17. Radically Free	180

Notes	193
-------	-----

Bibliography	207
--------------	-----

Index	213
-------	-----